



## Does your club want to compete? Info for Club Owners

### Join CASK

To participate in a CASK event, your club must be a member of CASK.  
Send your club registration form by email, fax or mail with \$650 payment.

### Register Your Members

1. Use the **CASK individual member registration form**.  
Give a form to each member of your club, including owners, coaches, recreational members, and competitive/sparring members. Each person must complete the form and provide payment. The club owner must sign the bottom and make sure payment is included.
2. **Mail** the original CASK registration forms *with the payments* to us.  
Do not fax, do not email the registration forms.  
Faxed or email versions will be destroyed; the insurance company does not accept these formats.

### Get Your Athletes Ready to Compete

For an athlete to compete, he/she must have a CASK passport. To get a passport, an athlete must:

1. **Register** with CASK
2. Complete a **CASK medical** \*\*Make sure the doctor stamps, signs, and dates the medical

Club owner must:

- Verify the medical is complete, sign it and photocopy for club records. See instructions on form.
- **Mail the original medical with payment** to us. No faxes or emails. These will be destroyed.

When we receive the paperwork and payment, if the application is approved, we issue the athlete's passport and mail it to the club. The club should keep the passport; do not give it to the athlete.

*The athlete must show his/her passport at every event, at weigh-in.* It is valid for one membership year. Next membership year, if the athlete wants to compete, he/she must register with CASK again and complete another medical. If approved, we will mail a renewal sticker for the passport.

### Get Your Coaches Ready to Coach

To coach at an event, a coach must be a certified (card-carrying) CASK coach. To get a card, a coach must:

1. **Register** with CASK
2. Take **Level 1 CASK Coaching Course**. (This is done one time only). For the next course see the CASK website under the Coaches Page.
3. **Submit a police check**  
Get a police check with vulnerability sector screening. Start this process **ASAP** because it can take



International Federation

### **BUREAU NATIONAL / NATIONAL OFFICE**

5008 South Service Road, Burlington, Ontario, CANADA, L7L 5Y7  
Phone: 905-681-9815 - Fax: 905-681-1638 - Email: [nhq@kickboxingcanada.org](mailto:nhq@kickboxingcanada.org)



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months to get the results back from the police. Fax, email, or mail results to the CASK office.  
Coach must do this every 3 years.

4. **Submit proof of first aid training**

Take a basic first aid course, life-saving course, or basic CPR course. Any basic/level 1 course from a reputable agency is valid. Fax, email, or mail results to the CASK office.  
Coach must do this every 3 years.

NOTES:

An athlete requires **two** CASK coaches in his/her corner.

Very soon, regulations will require that BOTH of the coaches in the corner are from the athlete's club.

*Your club should have at least two coaches that are CASK coaches.*



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